

Scripture Day for Advent

Saturday 27 November 2010

Led by Ann O'Sullivan and Michael Healy

Advent advances like a heaven-sent opportunity to get ready now, for the Christ who came once, long ago, continues to make his presence felt among us if only we are awake and aware.

*"No ear may hear his coming;
but in this world of sin,
where meek souls will receive him, still
the dear Christ enters in."*

Sounds simple, yet so often we miss the moment. Maybe this day of preparation for Christmas will afford us the time and the space to be still and to be ready. Why not enjoy the opportunity to join with others at the start of this grace-filled season?

Ann O'Sullivan is a La Retraite sister and co-founder of Emmaus House. Her background is in Ignatian spirituality and she has a particular interest in working towards an integrated approach of bringing together the spiritual, psychological and physical aspects of what it means to be human. So often the spiritual can be seen as something separate, whereas her belief is that it belongs alongside and is part of the whole personality.

Ann brought the MBTI into the UK in 1980 and has been facilitating the learning of this instrument over the past 28 years, bringing to it a wealth of understanding and practical use. Ann has developed a number of 2-day workshops for those who are qualified practitioners (and others who are interested) in various areas of the MBTI.

After a number of years teaching the Enneagram personality system in a didactic form, she trained with Helen Palmer and David Daniels in the Oral Tradition of the Enneagram and qualified in 1995. Here too, she has continued to develop a number of workshops and has involved other teachers in presenting them.

Ann brings a creative edge to her work, especially in Liturgy and different forms of worship/prayer and retreats, for she finds it a privilege to be with others on their life's journey. Whilst often working with groups, she offers individual spiritual accompaniment and coaching.

Time: 10.00 am - 4.00 pm

Cost: £15, to include lunch and refreshments