

Listen to your Inner Child 2 **Friday 8 – Sunday 10 October 2010**

Led by Ebba From

In this workshop we will continue the work and the process we started on the workshop Inner Child 1 (for further information and workshop description please refer to Listen to your Inner Child 1 on the website).

This time we will concentrate on the age 10 into adolescence - **again please bring your pictures and maybe something that was really important to you at this particular age.**

You will be guided and facilitated through this process by **Ebba From**, a Danish Diploma Psychotherapist (1983) and trainer with in excess of twenty years' experience in workshops and adult education. She has been in private practice in Denmark for over fifteen years, where she also works as an experienced Couple Counsellor using "The Art of Dialogue" and the Enneagram as foundations for her work. Through studying Jungian Studies at University of Aarhus/Denmark, Gestalttherapy training with Natasha Mann, USA and studies at Emerson College, UK, Ebba has gathered knowledge of human life and the soul seen through different aspects of psychology. She also trained with Helen Palmer, David Daniels and Peter O'Hanrahan and qualified as a Professional Teacher of the Enneagram in 1999.

She has been connected to Emmaus House for several years as part of the Enneagram team and, through support and co-teaching with Ann O'Sullivan, developed her own workshops and retreats based on the Enneagram, combining her psychological knowledge, experience, compassion and deep respect for the human soul and spirit.

Ebba can be contacted at ebba.from@get2net.dk

Pre-requisite: Attendance at Listen to your Inner Child 1

Time: 6.30 pm on Friday with supper - after lunch on Sunday

Cost: £195 residential/£160 non-residential