

Enneagram 3(b): Being More of Me
Friday 1 - Sunday 3 October 2010

Led by the Emmaus House Team

This takes up the task of transformation and thus continues the work of conversion begun earlier in Enneagram 3(a). "To change something is simply to make it different", claims David Daniels, "but to transform something is to take what's there and rearrange it. So (it is that) the Enneagram allows people to transform themselves."

We have grown up with our own identity which is so familiar to us that to let go and dis-identify with that role will inevitably involve certain losses. However, there are also distinctive gains we can anticipate and definite steps we can take to attain these rewards. Drawing on the Scriptures may suggest role-models for transformation of character or possible texts that inspire further incentives for spiritual development.

Pre-requisites: Participation in Enneagram 3(a). A clear knowledge of one's own personality type and beginning to understand Sub-Types. A real desire to find a spiritual path.

Start: 6.30 pm on Friday with Supper

Finish: With lunch on Sunday

Cost: £145/£110 non-residential

May also be followed in conjunction with Enneagram 3a:

Monday 26 – Friday 30 April 2010

Time: 6.30 pm on Monday with supper – after lunch on Friday

Cost: £290/£220 non-residential