

Enneagram 3(a): Being More of Me
Friday 10–Sunday 12 September 2010

Led by the Emmaus House Team

Recapping on what we have experienced of the Enneagram so far, and being aware of each of the type-alikes which may mislead us about typing, we focus first on the sub-type behaviour patterns. Sometimes called “the signature of the passion”, they show us just how the energy of the passion is both channelled and discharged in self-repeating habits.

Next we consider how conversion of behaviour might reasonably come about. By examining our cognitive, affective and moral attitudes we might perceive preferable ways of proceeding and thus, being touched by love and freed from natural bias, we are in a position to find God in all things. Perhaps then through our aim of “being of boundless heart” we are able “to cherish all beings and radiate kindness over all the earth”.

Pre-requisites: A clear knowledge of one’s own personality type and beginning to understand Sub-Types. A real desire to find a spiritual path.

Start: 6.30 pm on Friday with Supper
Finish: With lunch on Sunday
Cost: £145/£110 non-residential

May also be followed in conjunction with Enneagram 3b:

Monday 26 – Friday 30 April 2010

Time: 6.30 pm on Monday with supper – after lunch on Friday

Cost: £290/£220 non-residential