MBTI® and the Shadow Side of Personality

Tuesday & Wednesday 24th - 25th April, 2012

Wednesday & Thursday 5th- 6th December, 2012

Led by Ann O'Sullivan

Ann writes: "I am very interested in Carl Gustav Jung (on whose theory the MBTI® is based). His interest was in enabling people to acknowledge the 'shadow' side of the personality and therefore to move along the path of individuation – or, in my words, 'to become the person God has created me to become'.

The completion of the MBTI® is not necessary for this workshop but could be useful and will be referred to.

The workshop is particularly helpful for those, who after the basic MBTI®, ask the question "and what next" and who have found the MBTI® helpful on their journey of development.

Ann O'Sullivan brought the MBTI® into the UK in 1980 and has been using it consistently over the past 28 years. She has worked with people in many countries and brings to it a wealth of understanding and practical use. Her interest is in Jung's theory, and people's development on their life's journey.

She is a member of the Training Faculty of OPP (Oxford Psychologists' Press), training on the sponsored professional workshops at Emmaus House in Bristol as well as working with registered practitioners. She is a founder member of the British Association of Psychological Type (BAPT). She offers individuals time both through coaching and spiritual accompaniment.

Time: 9.30 am-4.30 pm each day

Cost: £250 *Accommodation extra, as required*