

## QUIET DAYS – DAY OF RECOLLECTION –RETREATS?

Have you been asked to organise a quiet day? How do we do this?

THIS WORKSHOP WILL LOOK AT THE DIFFERENT WAYS IN WHICH WE CAN APPROACH PLANNING AND RUNNING A DAY OR WEEKEND OF RECOLLECTION. THE WEEKEND WILL INVOLVE SOME QUIET TIMES BUT WILL INVOLVE PRACTICAL WORK AND PLANNING, WE SHALL CONSIDER BOTH PRACTICALITIES AND CONTENT.

. Participants should come with their own paper and pencil!! – and ideas!

Time: 6.30pm Supper 8<sup>th</sup> June until after Lunch 10<sup>th</sup> June

Cost: £100 to include accommodation and food