

Enneagram 1: My Personality Weekend workshops:

Friday–Sunday 14th -16th September or

Friday–Sunday 19th - 21st October 2012

Led by the Emmaus House Team

- ⤴ The history and development of the Enneagram
- ⤴ A grounding and in-depth understanding of the system
- ⤴ Self-identification of Type through panels, interviews, reflection and meditation
- ⤴ Introduction to sub-types
- ⤴ Helps and hindrances on the spiritual path

Pre-requisites: None

Start: 6.30 pm on Friday with Supper

Finish: After lunch on Sunday

Cost: £145/£110 non-residential