

Enneagram 1: My Personality Weekend workshops:

Friday–Sunday 10th -12th February or

Friday–Sunday 9th - 11th March 2012

Led by the Emmaus House Team

- The history and development of the Enneagram
- A grounding and in-depth understanding of the system
- Self-identification of Type through panels, interviews, reflection and meditation
- Introduction to sub-types
- Helps and hindrances on the spiritual path

Pre-requisites: None

Start: 6.30 pm on Friday with Supper

Finish: After lunch on Sunday

Cost: £145/£110 non-residential

Also available in conjunction with:

Enneagram 2: My Relationships with Myself and Others

Monday 28th May – Friday 1st June 2012

Start: 6.30 pm on Monday with supper

Finish: After lunch on Friday

Cost:£290/£220 non-residential