

Counselling at Emmaus House

Diploma Psychotherapist

Ebba From



Emmaus House
BRISTOL

Dipl. Psychotherapist Dipl. Physiological Massage
Dipl. Kinesiology MA in Adult Education
Enneagram Teacher in the Oral Tradition



- Individual counselling (*One to One*)
- Counselling for couples (*'The Art of Dialogue'*)
- In-depth counselling /body massage /healing
(*Let your Body Talk*)

Ebba is a Danish Diploma Psychotherapist (1983) and trainer with in excess of twenty years' experience in workshops and adult education. She has been in private practice in Denmark for over fifteen years, where she works as an experienced Couple Counsellor using "The Art of Dialogue" and the Enneagram as foundations for her work.

She trained with Helen Palmer, David Daniels and Peter O'Hanrahan and qualified as a Professional Teacher of the Enneagram in 1999.

She has worked as a counsellor at The Enneagram Professional Training Program as well as counselling most Enneagram workshops held at Emmaus House since 2001 where she also has been part of the Enneagram teaching team and, through support and co-teaching with Ann O'Sullivan, developed her own workshops and retreats mainly based on the Enneagram, combining her psychological and spiritual knowledge and experience with a deep respect for the human life, soul and spirit.

Through her own life and her work as a psychotherapist Ebba has experienced and dealt with most aspects of human life and will do her utmost to work with, support and guide her clients through their life crises as well as their day to day problems.

RATES

Individual (1-1½ hours) £55

Couple (1½ -2 hours) £70

In-Depth/Massage (1-1½ hours) £55

(10 £ reduction for low-waged/students/unemployed etc)

TO BOOK please email Ebba at ebba.from@get2net.dk

or contact Angela/Fiona at Emmaus House

Tel 0117 907 9950/email administration@emmaushouse.org.uk